

USEFUL PUBLICATIONS/SOURCES OF INFORMATION

These are all available in the Patient Education Room.

'Disability Rights Handbook' (A guide to benefits and services) available from:

Disability Alliance ERA
Universal House
88-94 Wentworth Street
London E1 7SA

Tel: 020 7247 8776
Fax: 020 7247 8765

A wide range of publications and DVDs are available from:

The Spinal Injuries Association
SIA House
2 Trueman Place
Oldbrook
Milton Keynes
Bucks MK6 2HH

E-mail: sia@spinal.co.uk
Website: www.spinal.co.uk

Freephone Information Line: 0800-980 0501
Typetalk: 0800 959598

Websites

www.spinal.org.uk - National Spinal Injuries Centre website

www.spinal.co.uk – Spinal Injuries Association website

www.spinalnet.co.uk – lots of information and links

www.backuptrust.org.uk – organisation offering 'challenging activities' to build confidence and independence

www.aspire.org.uk - rehabilitation & reintegration of SCI people

www.brainandspine.org.uk - aims to improve prevention, treatment & care of disorders of the brain & spine

www.spinalcordinjury.co.uk - variety of information and help available

www.spinal-research.org - research into SCI treatment

www.dwp.gov.uk – government website with welfare benefits information

www.disabilityalliance.org – independent welfare benefits advice